

HEALTHY FAMILY HAPPY FAMILY

healthy news & information for you & your family

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Find the Perfect Home Environment Holiday Gift for Everyone on Your List

The air is filled with the sounds of the season: the jingle of bells, the melody of holiday music and the ringing of cash registers, as we prepare for the holidays. Soon, shoppers will be hitting the malls, department stores and specialty shops to pick out the perfect gift for everyone on their list. They will also fret over selecting the ideal item for even the hardest person they have to shop for.

Forget those gifts that are frivolous (reindeer sweaters, musical ties), quickly consumed and forgotten (chocolates and wine) or even regifted throughout the season (fruit cake!). This year, give the gift of a happy home environment.

Below are some ideas from Guardian Technologies™ to satisfy the gifting needs of all the difficult ones on your list this year:

For the New Parents:

They will get plenty of baby's first "you-name-its" (shirts, ornaments, keepsakes), but keep in mind that the holidays are right smack in the middle of 'sick season' - so a humidifier is a great choice for new parents who have everything else.

The **Table Top Ultrasonic Humidifier (model H1000)** is a cool mist humidifier. Unlike other humidifiers that grow slimy mold on the water tank surface, it uses Silver Clean™ Technology embedded in the tank to fight the growth of mold and mildew on the surface of the water tank.

It's ultra-quiet and won't disturb anyone's sleep. Only 8-inches tall, it's the perfect size to take when you travel, and it runs continuously for up to 8-hours. Plus, there are no added costs since there are no evaporating pads, filters or wicks to clean or replace.



For the Germaphobe:

An air sanitizer is a perfect pick for that person on your list who's constantly washing their hands or using hand sanitizer in fear of picking up a 'bug.' The **Pluggable UV-C Air Sanitizer (model GG1000)** eliminates more than 98 percent of airborne bacteria. It uses natural UV-C light to destroy odors and allergens like dust mites and mold spores.

Plug it in near your kitchen or bathroom. Moms and dads love it by the diaper pail and pet owners use it to destroy germs and fight unwanted odors!



For the Seasonal Sneezer:

Seasonal allergies affect many people - coughing, sneezing, watery eyes and more. For that person whom you're constantly exclaiming "Gesundheit" and offering a tissue, there's the **3-in-1 True HEPA Air Cleaning System (model AC4825)**.

This 22-inch tower is perfect for small- and medium-sized rooms. It combines a True HEPA filter with UV-C light to capture 99.97 percent of dust and allergens as small as 0.3 microns in size, kill airborne germs and bacteria, and fight mold and odors.



For the Office Pal:

Forget the gift card for the local coffeehouse or silly 'Secret Santa' gift - the **Table Top 3-in-1 True HEPA Air Cleaning System (model AC4010)** is perfect for the home and office. Compact, but powerful, it processes the air in a 200-square-foot room every hour. Its five levels of cleaning capture allergens, kill germs and destroy mold spores and odors.

Shop Like a Pro!

Fun Facts About the Biggest Shopping Days of the Year (Black Friday and Cyber Monday!)

- ★ **212 million shoppers** visited stores and websites on Black Friday weekend in 2010
- ★ Online retailers saw a **20% increase** in shoppers on Cyber Monday from 2009 to 2010
- ★ Black Friday got its name to signify retailers' shift from financial loss (**red ink**) to profit (**black ink**)
- ★ The **highest sales volume** day typically is Christmas Eve or the last Saturday before Christmas.
- ★ Know retailers' **return and exchange policies** before you make a purchase.
- ★ **Gift cards** are perfect for people who aren't friends or family, such as the mailman or hair dresser.
- ★ If you're not familiar with an online retailer, look for **privacy and security seals** and check the company on **BizRate.com**.
- ★ Sign up to receive **emails from your favorite retailers** and watch for discounts and promotions.
- ★ **Shop after 6 p.m. the evening before a sale** is advertised to begin. Often the lower price has already been programmed into the register.